|  |  |  |
| --- | --- | --- |
| **In the relationship** | **After you separated/****divorced** | **Spiritual Abuse** |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 1. Your ex used your religious or spiritual beliefs to manipulate and control you.5 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 2. Your ex ridiculed your religious or spiritual beliefs.5  |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 3. Your ex prevented you from practicing your religious or spiritual beliefs.5 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 4. Your ex forced your children to be reared in a faith that you did not agree to.5 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 5. Your ex kept the children from attending any religious/spiritual groups.5 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 6. Your ex undermined relationships with people connected to your religious/ spiritual community.5 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 7. Your ex did not allow you to attend religious/spiritual activities outside attendance at organized services where you are limited to group prayer/participation.5 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 8. Your ex cited scripture to justify abusive, dominating, or oppressive behavior.51 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 9. Your ex forced you to violate your religious beliefs.51 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 10. Your ex denied you the freedom to practice the religion of your choice. 51  |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 11. Your ex made oppressive demands based on his interpretation of scriptures or other religious teachings (e.g., “the scriptures say that you need to obey me because you are my wife”).51 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 12. Your ex instilled religious guilt in you for not doing what he wanted you to do (e.g., “How can you call yourself religious if you don’t forgive me?”).51 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 13. Your ex’s sense of marital entitlement causes him to justify his sexual demands, including forced sex (i.e., marital rape).51 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 14. Your ex involved or forced your children to witness ritual abuse (e.g., sacrificing pets).51 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 15. Your ex shamed or belittled your religious practices.51  |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 16. Your ex manipulated others in your religious communities to control and ostracize you.51 |